

About Shakti Durga and Shanti Mission

Shakti Durga didn't start life wanting to be a spiritual teacher. In fact, she started life as Kim Fraser – a modern, educated Australian woman who had a successful practice as a barrister for 16 years. She was sceptical of spirituality, lived in a waterfront home in Sydney and experienced a life of great material wealth. Yet despite a life of success and achievement on the outside, she was miserable on the inside.

As her marriage was breaking down, a colleague suggested meditation might lift her spirits. She took a five-week course that changed her life. It was as though a black drape lifted, revealing a brighter world and a new sense of hope.

She developed a voracious appetite for new spiritual concepts and read hundreds, if not thousands of books. She also studied with many world-class teachers in Australia and overseas. Kim Fraser has now become Shakti Durga – an author, talented musician, healer and Guru in her own right.

Shakti Durga's practical education gave her a solid foundation and understanding of Eastern and Western traditions, but this education alone didn't turn her into a 'Guru' – a term often misunderstood in the western world. A profound spiritual awakening occurred, after which she knew she would never be the same. As a Guru, or one who teaches spiritual liberation from her own direct experience of realisation, Shakti Durga can now help others to expand their consciousness, realise their Divine purpose and help them to serve humanity using their own unique gifts.

She has established a series of charitable spiritual schools known as Harmony Centres, now located throughout Australia. Classes are by donation and topics range from energy healing to using spiritual principals to run a successful business. "These are schools and classes for the soul," says Shakti Durga. "We blend eastern and western traditions, draw on the work of many spiritual teachers and bring likeminded people together to help them discover their purpose and mission.

"One of the Guru's most important roles is to lift people and open their hearts. One of my greatest aspirations is to help my students grow and outshine me. Your heart will tell you if this is the right school for you."